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Personal Statement

I'm passionate about community work and have experience in diverse fields related to human interaction. For me, the more I challenge myself the more I might grow, personally and professionally. I have good communication skills and I'm ready for the adventure, quickly adapting to changing situations. I have an assertive style that allows me to develop positive relationships with individuals from diverse cultural backgrounds without forgetting what makes me, me.

Key Skills

- Interested in physical theatre and clowning
- Planning, delivery and evaluation of trainings
- Team work, flexibility
- Curiosity to understand and discuss different points of views.
- Learning by doing (new methods, new topics...)
- Creative thinking
- Making people feel welcome
- Passionate about community work and volunteering!

Relevant work experience

Alliance of European Voluntary Organisations' Junior Trainer (from April 2016)

Xchange Scotland's trainer (January 2013 - Ongoing)

As part of my role in "[Spread the Action!](#)" and "[Make sectarianism a history lesson project](#)", I'm co-developing and facilitating team trainings (sessional staff and volunteers) and trainings for practitioners from other organisations on various elements of the project – sectarianism, non-formal education, creativity and games-based approaches.

I've also been involved in the international field, as co-trainer for workcamp leaders in 2014 and 2015. My main tasks involved building capacity among group leaders on topics such as intercultural communication, conflict transformation, group dynamics and leadership styles.

"Make Sectarianism a History Lesson" project coordinator, Xchange Scotland, Glasgow (Scotland, United Kingdom) (21/08/2013 to 31/03/2016)

"Make sectarianism a history lesson" aims to deliver positive creative workshops and actions on the issue of intra-Christian sectarianism and community empowerment to a diverse range of groups across Glasgow.

As Project Coordinator I'm responsible for:

- The strategic planning, implementation and evaluation of the project.
- Building partnerships with relevant local authorities, organisations, and community groups in the areas involved to enable the delivery of the project.
- Managing and working with the Project team.
- Training practitioners on various elements of the project – global education, creativity and games-based approaches to explore controversial topics.
- Facilitating workshops and actions with youth and community groups.
- Capturing and disseminating the learning of the project (to funders, partners and community members)

"Global Education" project worker, Xchange Scotland, Scotland (01/06/2013 to 31/08/2013)

This "Global Education" project aims at promoting active citizenship and intercultural understanding. This involves delivering workshops in both formal education (primary, secondary, higher, further, and lifelong learning) and non-formal educational settings such as community and youth groups.

Tasks including:

- Planning, facilitation and follow up of the poster/writing sessions with relevant organisations, schools, community groups and practitioners in the areas involved.
- Supporting, training and working together with a group of volunteers.

Relevant volunteering experience

Non-formal education volunteer trainer, Fundación Cooperación y Ciudadanía de Castilla y León, Pichanaki (Peru) (01/08/2010 to 01/09/2010)

As part of the regional Government programme "Jóvenes Solidarios" (youth volunteering) I was involved in the delivery of an after school programme on social skills (5 - 12 years old) and in the delivery of a training on parenting skills for the parents.

Placement with the Fundación Secretariado Gitano (FSG) (January - March 2010)

Youth worker in a project developing mediation skills in young Roma people within and outside the School system. The mission of the FSG is the integral promotion of the Roma community on the basis of respect and support for their cultural identity.

RELEVANT EDUCATION:

September 2010 – March 2011 : Autonomous University of Madrid (Spain); **Social and Intercultural Mediation specialisation Course.**

September 2008 – June 2010: University of Salamanca (Spain); Ba in **Social Work.**

September 2004 - June 2008: University of Salamanca (Spain) ; Ba in **Translation and Interpreting.**

OTHER RELEVANT EDUCATION:

15.12.2015: **Facilitator Training in Integrative Complexity** (*University of Cambridge*): Promoting Creative problem solving, critical reasoning, skills of teamwork, active listening, communication and conflict resolution.

11.2015: **Learning and Development: Mentoring** (*Scottish Credit and Qualifications Framework Level 7*). Mentoring process, good practice, resources and relationship.

6 – 15 October 2015: **Conflict Transformation and negotiations through turbulence** (*African Centre for Development and Research, Brighton*). Redirecting energy to responding and engaging with conflict and gaining skills to analyse the WHY of conflict.

February – September 2015: **Long Term Training Course (Alliance of European Voluntary Service Organisations; France, Italy and Austria)**: The main aim of this course was to increase the quality of education of members' trainers of workcamp leaders – understanding, designing, implementing and evaluating workcamps as structured methodological and pedagogical tools of non formal education.