

Sustainable Transport Infosheet



International
Campaign
for Sustainability
in Voluntary Service



of European
Voluntary Service
Organisations

Every year, more than 20.000 volunteers are exchanged within the network of the Alliance of European Voluntary Service Organisations. This exchange creates undoubtedly lots of positive impacts on the volunteers, the local communities and societies where the International Voluntary Service projects are realised. On the other hand, we cannot ignore that there is also a negative impact, which results mainly from the necessity to travel. Volunteers often have to cover large distances in order to reach their project and nowadays, it is quite common to go by plane and very easy to book a flight.

We want to encourage our volunteers to look for alternatives. Flying is the way of travelling that causes the biggest pollution. The other ways of transport are much cleaner, and they can provide unforgettable experiences! Have you travelled by train? It can be a fantastic experience: you can meet people and see the earth passing while you cross it to get to your destination! When you arrive, you'll be definitely prepared for your volunteering experience!

With this Infosheet, we want to show you which other options of more sustainable ways of travelling you have in the different countries and how and where to get all the information you need in order to reduce your footprint.



Train



Bus



Car pooling

International

www.interrail.eu - Information and booking of InterRail Passes for all European countries. Available in several languages.

www.eurolines.com - Information and booking of bus tickets across Europe. You can choose between different languages.

www.blablacar.com - Carpooling options across Europe. Available in several languages.
www.carpooling.com - Carpooling community for many European countries.
www.carpoolworld.com - Carpooling options worldwide. Only available in English.
www.rideforcents.org - Carpooling options worldwide. Available in several languages.
www.roadsharing.com - Carpooling options across Europe. Available in several languages.

<p>Czech Republic</p>	<p>http://jizdnirady.idnes.cz/vlaky/spojeni/ National and international train lines. Also combines trains, buses and city transport. Available in Czech, English & German.</p> <p>www.cd.cz Czech railways - national and international train lines information and bookings. Available in Czech & English.</p>	<p>http://jizdnirady.idnes.cz/autobusy/spojeni/ National and international bus lines. Also combines trains, buses and city transport. Available in Czech, English & German.</p> <p>http://florenc.cz National and international bus lines information and bookings. Available in Czech, English, German, Italian & Spanish.</p>	<p>www.jizdomat.cz Carpooling options across Europe. Available in Czech only. http://www.spolujizda.cz/ Carpooling options across Europe. Available in Czech, English & German.</p> <p>Prague public transport: www.dpp.cz Information about connections, prices and traffic. Available in Czech, German and English.</p>
<p>Finland</p>	<p>National railway service. Available in English, Russian, Finnish and Swedish: http://www.vr.fi/en/index.html</p>	<p>All are available in English, Swedish and Finnish. http://www.onnibus.fi/ http://www.expressbus.fi/etusivu http://www.matkahuolto.fi/en/</p>	<p>A group In facebook (also in English) https://www.facebook.com/groups/kimppakyyti</p>
<p>France</p>	<p>http://en.voyages-sncf.com/en/ Information and booking of train tickets in France. National railway network. Available in several languages.</p> <p>https://ventes.ouigo.com/ Information and booking of high-speed, low-fare trains to travel between the Paris region and Southeastern France. Available in French and in English.</p> <p>http://www.idtgv.com/en Information and booking of cheap</p>	<p>http://en.voyages-sncf.com/en/ouibus Buses provided by the national railway company. Available in several languages.</p> <p>You can check other low-cost companies such as: www.flixbus.com https://www.isilines.com/</p>	<p>www.blablacar.fr French website of blablacar.</p> <p>http://covoiturage-libre.fr/ Independent car sharing (without online payments). Available in French only.</p>

	<p>train tickets that serve nearly 30 destinations on journeys longer than 3 hours from Paris. Available in French and in English.</p>		
Germany	<p>www.bahn.de - Information and booking of train tickets in Germany. Available in several languages. www.ltur.com - cheap train tickets. Only available in German.</p>	<p>www.eurolines.de - National and international bus lines. Available in several languages. www.meinfernbus.de - National and international bus lines. Available in German and English. www.ecolines.net - National and international bus lines. Available in several languages www.postbus.de - National bus lines. Only available in German. www.bahn.de - National and international bus lines. Available in several languages. www.deinbus.de - National and international bus lines. Available in German and English. www.expressbus.de - Bus line Munich - Praha. Available in German, English and Czech.</p>	<p>www.blablacar.de - German site of blablacar. www.mitfahrgelegenheit.de - German version of carpooling.com. www.fahrgemeinschaft.de - carpooling community. Only available in German.</p>
Italy	<p>www.trenitalia.com - Information and booking of train tickets in Italy. Available in Italian & English. www.italotreno.it - Information and booking of train tickets in Italy. Available in several languages.</p>	<p>www.ibus.it - National and international bus lines. Available in Italian & English. www.autobus.it - Network of bus companies. Only available in Italian. www.megabus.com - International bus lines also active in Italy but connects only some cities. Available in many languages www.flixbus.it - International bus lines. In Italy stops only in some cities. Available in many languages</p>	<p>http://carpooling.legambiente.it -Carpooling community. Only available in Italian. www.blablacar.it - Italian site of blablacar. www.wegeos.com - Carpooling community. Only available in Italian. www.carpooling.it - Italian version of carpooling.com. www.autostradecarpooling.it - Carpooling community. Only for travel on the highway. Only available in Italian.</p>

		<p>www.busradar.it - International low-cost bus lines. Available in many languages</p> <p>www.eurolines.it/ - International bus lines. Available in many languages</p>	<p>www.youtrip.it - Carpooling community. Only available in Italian.</p> <p>www.carpool.moovitapp.com/it - connects public transit riders to drivers headed the same direction.</p> <p>www.viaggiainsieme.it - carpooling community. Only available in Italian.</p>
<u>Poland</u>	<p>www.intercity.pl - Information and booking of train tickets in Poland. Available in Polish, English, German & Russian.</p>		<p>www.carpooling.pl - Polish version of carpooling.com.</p> <p>www.otodojazd.pl - Carpooling community. Only available in Polish.</p> <p>www.audem.pl - Carpooling community. Available in Polish - translation tool included.</p> <p>www.wspolnedozady.pl - Carpooling community. Only available in Polish.</p> <p>www.autostop.com.pl - Carpooling community. Only available in Polish.</p>
<u>Spain</u>	<p>www.renfe.com - Information and booking of train tickets in Spain. Available in several languages.</p>	<p>www.barcelonanord.com - National and international bus lines from and to Barcelona. Available in Catalan & English.</p> <p>www.alsa.com - One of the largest bus companies with lots of routes</p>	<p>www.compartir.org - carpooling community. Available in several languages.</p> <p>www.blablacar.es - Spanish site of blablacar.</p> <p>www.amovens.com - carpooling community. Available in several languages.</p> <p>www.carpooling.es - Spanish version of carpooling.com.</p>
<u>Ukraine</u>	<p>www.uz.gov.ua - Information and booking of train tickets in Ukraine. Available in Russian & English.</p>	<p>www.bus.com.ua - bus schedules. Only available in Russian.</p> <p>www.gunsel.ua - national bus lines.</p>	

	(online purchase of tickets is in a trial version and does not work properly!)	Available in Russian & English.	
Hungary	Available in Hungarian, English and German http://www.elvira.hu/index.php	National and international bus lines, international buses are quite developed, national ones are variable. Available in Hungarian and English http://volan.eu/ http://www.eurolines.hu/en Available in several language, but this company is not very trustful. http://www.orangeways.com/	National car sharing websites, but you can find international lifts as well. Unfortunately available only in Hungarian. http://www.zivi.hu/ http://www.oszkar.com/
Russia	http://pass.rzd.ru/main-pass/public/en Information and booking of train tickets https://www.russianrail.com/	http://www.avtovokzaly.ru/ Bus tickets. Only available in Russian. https://busfor.ru/ Bus tickets (national and neighbouring countries). Only available in Russian.	http://www.poputchik.ru/ Russian version of carpooling.com.
Slovakia	http://cp.atlas.sk/vlak/spojenie/ National and international train lines. Also combines trains, buses and city transport. Available in Slovak, English & German. http://www.slovakrail.sk/ Slovak railways - national and international train lines information and bookings. Available in Slovak & English.	http://cp.atlas.sk/bus/spojenie/ National and international bus lines. Also combines trains, buses and city transport. Available in Slovak, English & German. http://www.slovaklines.sk/ National and international bus lines information and bookings. Available in Slovak, English, German & Hungarian. http://www.eurolines.sk/	http://www.sk.blablacar.com/ Carpooling options across Slovakia. Available in Slovak and English and other languages. http://www.dohodnisi.sk/ Carpooling options across Slovakia. Available in Slovak only. http://www.carpool.sk/ Carpooling options across Slovakia. Available in Slovak only. https://www.sk.blablacar.com Slovak

	<p>http://www.regiojet.sk Czech private travel company which operates in Slovakia with trains. Now only Bratislava to Komarno and Kosice to Prague.</p>	<p>International bus lines information and bookings. Available in Slovak, English, German & Hungarian.</p> <p>http://www.regiojet.sk Czech private travel company which operates in Slovakia also with buses.</p>	<p>version of blablacar.</p> <p>http://www.greenriders.sk/ Carpooling in Bratislava. Available in Slovak & English.</p> <p>Bratislava public transport http://www.dpb.sk/ or http://cp.atlas.sk/bratislava/spojenie/ Information about connections, prices and traffic. Available in Slovak, German and English.</p> <p>Public transport in other cities http://cp.atlas.sk/vlakbus/spojenie/?mhd=1 Public transport in 8 cities in Slovakia with information about the connections. Available in Slovak, German and English.</p>
Switzerland	<p>Information and booking of train tickets in Switzerland. National railway network. Available in several languages: http://www.sbb.ch</p>	<p>On the Internet site of the national railway network, you can also find all the bus connections in more remote places. In every city there is a very good network of transportation (bus, tram). For bus timetables all over Switzerland visit: http://www.postauto.ch/ (four languages, English, French, German, Italian).</p>	<p>Independent car sharing: http://mobility.ch More than 10'000 members on ecarsharing.com. Benefit from the advantages of an economical, ecological and friendly way of driving: http://www.e-covoiturage.ch/index.php/en/ http://www.projekteshare.ch/kundenbuchung/</p>
Turkey	<p>www.tcdd.gov.tr - Information and booking, buying train tickets in</p>	<p>www.varan.com.tr - National and international bus line. Information, booking and buying bus ticket. Available in English.</p>	<p>www.ortakaraba.com - Only available</p>

	<p>Turkey.</p> <p>Available in English.</p>	<p>www.ulusoy.com.tr - National and international bus line. Information, booking and buying bus ticket. Available in English.</p> <p>www.kamilkoc.com.tr - National bus line. Information, booking and buying bus ticket. Available in English.</p> <p>www.metroturizm.com.tr - National bus line. Information, booking and buying bus ticket. Available in English.</p>	<p>in Turkish.</p> <p>www.varmigelen.com - Available in English.</p> <p>Only available for Turkish and foreign students in Turkey)</p>
<p><u>United Kingdom</u></p>	<p>www.nationalrail.co.uk Information on booking train tickets in the UK.</p> <p>www.thetrainline.com Information and booking train tickets at a cheaper price in the UK</p> <p>http://www.eurostar.com/ Travel to the UK from France, Belgium, Germany, Netherlands, Switzerland</p>	<p>www.nationalexpress.com Information and booking coaches in the UK</p> <p>www.megabus.co.uk Information and booking buses at a cheaper price in the UK</p>	<p>http://www.carpooling.co.uk/ International car sharing</p> <p>http://gocarshare.com/ UK car sharing</p>
<p><u>Japan</u></p>	<p>Shinkansen (Japanese Bullet train): system, accessibility, fee and so on</p> <p>http://www.japan-guide.com/e/e2018.html</p> <p>Japan Rail Pass (great discount for foreigners)</p> <p>http://www.acprail.com/rail-passes/japan/japan-rail-pass</p>		

<p>Greece</p>	<p>https://tickets.trainose.gr/dromologia/ information and booking train tickets in Greece</p> <p>Available in English</p>	<p>http://www.ktelbus.gr/ information and booking bus tickets, most sites in greek, however many greek people speak english fluently</p>	<p>http://carpooling.gr/ international carsharing site in greek</p> <p>http://www.sinepivatismos.gr international carsharing site in Greek</p>
<p>Mexico</p>	<p>http://www.ferromex.com.mx/ http://www.ferrosur.com.mx Mexico City subway : http://www.metro.df.gob.mx Mexico City : http://www.metrobus.df.gob.mx/rutas.html</p>	<p>http://www.ticketbus.com.mx/wtbkd/index.jsp http://www.mexperience.com/guide/essentials/transport/mexico-bustravel.php www.boletotal.mx</p>	<p>http://www.carrot.mx/site</p>

Have you ever considered travelling by ship? There are over 1.200 ferry routes connecting European ports: www.aferry.com - Here you can find ferry routes and timetables. Available in several languages.
And here's some useful information about hitchhiking all over the world: http://hitchwiki.org/en/Main_Page

This Infosheet is far from being complete. You can help us collecting more ways of sustainable transport for more countries.

If you know about websites, communities etc. which are not mentioned in this Infosheet, or if a link is not working anymore, please send the details to the following address: eswg@alliance-network.eu

Have a safe and joyful journey!
The Environmental Sustainability Working Group of the Alliance